

INFOPACK

# The Environment We Live In





# Project overview

We have one Earth... and we all share it. Many environmental challenges are global by nature, and can only be tackled through a comprehensive approach that works far beyond the borders of the EU, like the issue of climate change.

The "EWLI" project aims to address the need for motivation and inspiring youth towards environment and climate change. We have a common objective: to pay attention and put effort together for the benefit of our environment.

Our primary duty is make a positive change for our planet. We want to do something for this trouble by using our strength, which is traditional dances. Dance is as a tool to make a better environment, to get attention for our environment and show entertaining way's to do things for the environment, to learn to recycle and find out small or bigger trifles one can do to make the world better. Traditional Dancing and being out in the nature in the city nature, is also good for our wellbeing and health. Working together, dancing and learning from each other, finding out new ways to make a difference and then spread videos and vlogs in the internet to get more people involved. Together with all participants we can make an impact for the environment using culture and media as a tool in this project.

We desire to exchange knowledge with each other and support each other, from cultural point of view and way of acting towards environment. We accept that we have to begin tiny little that we can grow, so that is why we are focusing our work to neighborhood, in all partner groups. Main principle is that everyone can do something for the environment and create impact to our planet. Let's recycle and collect trashes from our neighborhood and inspire others do the same. That's the least we can do.

## Dates

Arrival 01.09.2021

Project dates 02.9.2021 – 05.09.2021

Departure 06.09.2021

## Partners

Elpis Metis (Sweden) (Hosting organisation)  
ASOCIACIJA AKTYVISTAI (Lithuania)  
Stichting Vrouw en Welzijn (Netherlands)  
Mentese Youth Group (Turkey)  
Permakultura Dalmacija (Croatia)



# Participants profile

Each participant needs to fit only 2 criteria:

- 16 - 30 years old
- Be willing to participate to the activities

Group size : 5 participants plus one group leader (6 participants in total per country)

## Health, Food, safety

### Food restrictions

We are able to provide food for any allergies and diets, just let us know in the registration form.

### Health Insurance

Health insurance is necessary for all non-EU citizens. EU citizens are obliged to bring their European Health Insurance card in case of emergency. Additional travel insurance is highly recommended for each participant.

### Alcohol policy

As hosting organization responsible for this project, we require participant to obey strict alcohol use policy. NO ALCOHOL during the day, regardless of your age.



Drinking during the night is allowed, under condition that you drink responsibly.



# Accommodation

We will be accommodated in hotel [Sure Hotel Studio by Best Western Esplanade](#). Participants will be divided into rooms by 3 or 4, with mixed nationalities. Each room has its own bathroom. Food will be provided in the hotel [Best Western Plus Hotel Plaza](#) or in place during volunteering activities.

The budget for accommodation is 45€/day/pers.

# Language

In Sweden, English is a common and popular language, and it will not be a problem to ask or to find what you need.

# Transportation

Our accommodation is located in the center of Västerås.

Transport from Arlanda Airport to Västerås will be made by bus **FlixBus** or **Bus4You to Västerås**.

More details I will send later depending on the day of arrival and the terminal where the plane lands.



## Travel reimbursement rules

COUNTRY	DISTANCE BAND	LIMIT
	100 – 499 km	180 €
<b>Netherlands, Lithuania , Croatia,</b>	500 – 1999 km	275 €
<b>Turkey</b>	3000-3999 km	530 €

## Travel reimbursement rules

Each participant will be reimbursed individually according to Erasmus+ guide. Limits stated above are maximum amount that can be reimbursed per individual. For countries using different currencies, reimbursement in cash is possible. Participants will be reimbursed only upon presenting all valid documents (invoices, tickets, boarding passes, bills). Please plan your travel routes, so you come at latest on 01.09. to Västerås and leave earliest on 06.09. in the morning.

Please, before buying any tickets, consult your travel routes with project coordinator (elpiszone@gmail.com)



## Activities in Västerås

Core activities of our Youth Exchange include in Västerås. Wide variety of activities will be prepared for volunteers, involving local youth, organisations and municipality. During our volunteering, we will also have chance to discover this mythical city.

- A training session on environmental issues
- Each one teach one: teaching each other dance choreography. Preparation for the flashmob in Västerås
- Preparing for the neighborhood cleaning
- A visit to a local recycling company
- Social media and documenting: the day's topics with pictures and videos

This title promotes Youth Exchanges in our city, motivating organisations to implement volunteering activities in the city, for the city. Our project will complement this effort and hopefully we will have chance to join other volunteering actions.

Västerås is one of the oldest cities in Sweden and Northern Europe. The name originates from Västra Aros (West Aros), which refers to the river mouth of Svartån. The area has been populated since the Nordic Viking Age, before 1000 CE. In the beginning of the 11th century it was the second largest city in Sweden, and by the 12th century had become the seat of the bishop.



# Hosting organisation

## Elpis Association

Elpis Association is a young non-profit organization of Västerås, Sweden with focus on meeting the demands of pupils with special needs and of underprivileged youth. Elpis Association is aiming for the development of the community through sports, educational, cultural and social activities in order to improve the organization and to serve the civil society by identifying and promoting values, inclusion of underprivileged groups through sports and cultural activities, by offering education and training and re-training in order to support labor market insertion of young people and adults, to motivate the young student and to help them to achieve the skills needed on labor market.

Our vision is to connect all stakeholders (youth organisations, youth workers, policy makers) to improve youth in our region. We are organized in departments: Education, Voluntary activity, Media and communication. We count 25 members and volunteers. Elpis Association is working in partnership with schools to support the educational process through non formal and informal activities in schools, under the school time and after-school time.

## Contact Persons

Adriana Dumitru   [adriana@elpis.zone](mailto:adriana@elpis.zone)

Maria Elisabeth Bäckström   [elpiszone@gmail.com](mailto:elpiszone@gmail.com)

